

Name: _____

Telephone: _____

ADHA Member #: _____

Email: _____

Address: _____

City, State, Zip: _____

Full Scientific Session Fee: \$ _____ 14 CEUs

Please circle In-person / virtual

ADHA Members: \$275 / \$295

Non Members & DDS \$375 / \$395

2022 Grads: \$250 / \$275

DH/DA Students: \$140

Assistants/staff \$250 / \$275

Friday or Saturday All-Day Fee:

(please circle which day) \$ _____ 7 CEUs

In-person / virtual

ADHA Members: \$175 / \$215

Non Members & DDS \$225 / \$265

2022 Grads \$125 / \$165

DH/DA Students: \$ 70

Assistants:/staff: \$125 / \$165

Register onlineat www.nmdha.org/events

PayPal account not needed

OR mail completed form and check payable to
NMDHA, P.O. Box 40474, Albuquerque, NM 87196

Virtual link will be sent by Oct. 27

Questions? Special Dietary needs?**Email: nmdhadropbox@gmail.com****Not a Member?****Become a member and get the member rate****at www.adha.org**Refunds will be given by written request only and will
reflect a \$15.00 processing fee. No refunds after
October 20, 2022

Meals not guaranteed with on-site registration.

WELCOME FROM NMDHA PRESIDENT

Kayla Gallegos, BSDH

Facing the Future - Together**The Dental Professional's Role in
Supporting Patients with Addiction
Disorders****Sponsored by Crest Oral-B**

1 in 12 adults in America have an active substance use disorder, many without showing any outward signs of a disorder. With the right skills and confidence, dental professionals can serve as the first line of defense against risky substance use. Learn how to effectively communicate with patients and team members about addiction disorders.

Stephanie Botts, RDH, BSDH, CEAS has practiced clinical dental hygiene for 14 years. She has spoken at the Denver Cardiology Summit, advising physicians about the oral/systemic link. She has spoken frequently about street drugs and their effects on the oral cavity, and the oral-systemic link.

**Joining the Expanding Dots on Oral
Systemic Care****Sponsored by Premier®**

Recent findings have expanded our knowledge base on oral-systemic health, including the number and types of links and associations. During this presentation, we will address existing and recent findings connecting these, and implications for dental professionals and patients.

Fiona Collins, BDS, MBA, MA, FPFA is a national and international speaker and author. She has lectured on a variety of topics including infection control, and the prevention and management of oral disease. Dr. Collins graduated as a general dentist from the University of Glasgow in Scotland and earned an MBA and MA from the University of Boston.

Occupational Hazards and Oral Health

Learn the influence of occupation on oral health. What do wine-tasters, swimmers, divers, sports players and musicians have in common? During this course we will discuss occupational risk and a variety of occupations that can place people at risk for specific oral conditions, as well as mechanisms to prevent and treat oral conditions related to these occupations. In addition, factors requiring consideration in the provision of dental care will be addressed.

Fiona Collins, BDS, MBA, MA, FPFA**SATURDAY****Mouth, Body and Mind: Integration
and Behavioral and Oral Health**

Learn the dental hygienist's role in behavioral health including the implementation of depression screenings in the dental clinic.

Candace Owen, RDH, MS, MPH is an RDH and the Education Director for the National Network for Oral Health Access (NNOHA). She graduated from UNM DH in 2013 and in 2015 with an MSDH and MPH. NNOHA is a national non-profit organization that supports dental providers who work with the safety-net like FQHCs and other community-based health organizations.

NEW MEXICO HEALTH RESOURCES

New Mexico Health Resources, Inc. (NMHR), is a private, non-profit, no-fee agency organized to support efforts to recruit and retain healthcare personnel for communities including rural and medically underserved areas around New Mexico.

NUPAC**(Nicotine Use, Prevention and Control)****Nicotine Addiction Treatment
Services**

Cessation services and resources available to health care professionals through NUPAC.

Esther Hoang, MPH has almost 20 years of combined experiences working in both primary care and public health. In 2017, she joined the New Mexico Department of Health's Nicotine Use Prevention and Control Program as the Cessation Specialist overseeing the Quitline services and Health Systems Change Training and Outreach Program. She is currently the program manager of NUPAC.

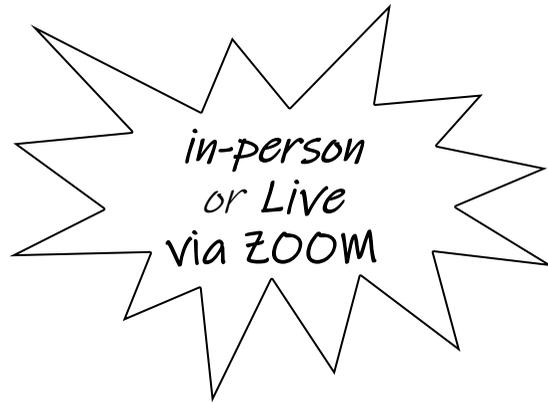
Essential First Aid for Adults

Catherine Sovereign, MS, BSDH, RDN, RDH Certified ASHI BLS CPR/AED and First Aid Instructor. Dental Hygiene and Dietetics/Nutrition degrees from UNM and has taught at CNM and UNM as well as presented to oral health, dietetic and community groups. She is currently Adjunct Faculty at the Santa Fe CC Dental Assisting Program.

**Mindset Reset: Cultivating the
Mindset and Habits To Defeat
Burnout and Create Lasting
Motivation**

Explore how you can end the cycle of burnout, create healthy habits in the home and workplace, and create a mindset that allows you to thrive in any environment.

Hannah Becker is a certified mindset, health and business coach. She employs a holistic approach to deep wellness, combining powerful and proven physical, mental, and emotional health strategies. It is Hannah's mission to help people cultivate a growth mindset and lead a self-actualized life.



NM Dental Hygienists' Association
34th Annual Scientific Session
 October 28-29, 2022

BE INFORMED!

Attend the **NMDHA General Membership** meeting on Saturday at 10:45. Elections and Installation, Legislative Update and more.

Visit the exhibitors.
 Bring your office orders.
 Thank them for their support of NMDHA.

Please support the HYPAC Raffle

Drawing to be held Saturday, October 29
 Need not be present to win.

The NMDHA HYPAC supports candidates whose political principles promote the highest quality oral health initiatives for the citizens of New Mexico.

Mail donations to: Valoree Althoff,
 HYPAC Treasurer, 5 Road 3779
 Farmington, NM 87401

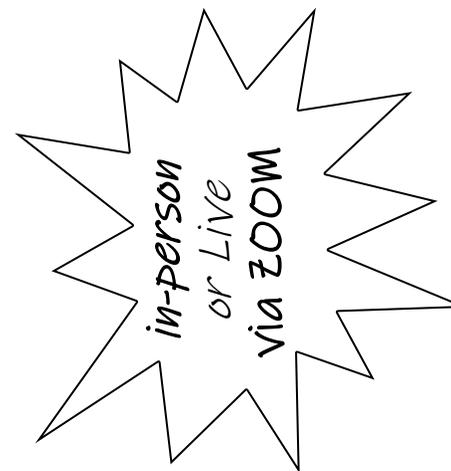
FRIDAY, OCTOBER 28, 2022

7:30 - 8:15 am: Breakfast, Exhibitors
8:15 - 8:30 am: Welcome from NMDHA
 President Kayla Gallegos
8:30 - 10:30 am: Stephanie Botts, RDH, BSDH, CEAS
 "The Dental Professional's Role in Supporting Patients with Substance Abuse Disorder"
10:30 - 10:45 am: Break and Exhibitors
10:45 - 12:45 pm: Dr. Fiona Collins, BDS, MBS, MA, FPFA "Joining the Expanding Dots on Oral Systemic Care"
1:00 - 2:00 pm: Lunch and Exhibits Open
2:00 - 4:00 pm: Dr. Fiona Collins, BDS, MBS, MA, FPFA "Occupational Hazards and Oral Health"
4:00 - 4:30 pm: Exhibitor presentations
3:30 - 4:30 pm: Educators' Meeting

SATURDAY, OCTOBER 29, 2022

8:00 - 8:30 am: Breakfast, Exhibitors
8:30 - 9:30 am: Candace Owen, RDH, MS, MPH
 "Mouth, Body and Mind: Integration and Behavioral and Oral Health."
9:30 - 10:00 am: NM Health Resources
10:00 - 10:30 am: Esther Hoang, MPH
NUPAC (Nicotine Use Prevention and Control)
10:30 pm - 10:45 pm: Break and Exhibitors
10:45 - 11:45 pm: General Membership Meeting, Elections and Installation
11:45 - 12:00 pm: Break and Exhibitors
12:00 - 1:00 pm Lunch; Exhibits Open
1:00 - 2:30 Catherine Sovereign, MSND, BSDH, RDN "Essential First Aid for Adults."
2:30 - 3:00 pm Break, HYPAC Raffle, Exhibitors
3:00 - 4:00 pm Hannah Becker
 "Mindset Reset: Cultivating the Mindset and Habits to Defeat Burnout and Creating Lasting Motivation"

New Mexico Dental Hygienists' Association
34th Annual Scientific Session
General Membership Meeting
October 28 - 29, 2022



connect with colleagues → expand your knowledge → revitalize your career



New Mexico Dental Hygienists' Association
 P.O. Box 40474
 Albuquerque, NM 87196

Please post in your workplace—all dental professionals are invited!